TES KEBUGARAN JASMANI (HARVARD STEP TEST)

Kelas X/IPS-1/Bahasa Inggris dan Fisika

No	Nama	waktu	Banyak melakukan	DN sebelum	DN 1	DN 2	DN 3
1	Afi Rahmawati	3'	93	88	95		68
2	Ajeng Setyarini	3'	83	104	106		95
3	Alfathu Rosyidah A.	3'	111	100	150		145
4	Alfina Nur Shafa	3'	111	112	150		124
5	Alifah Lutfi Z.	3'	111	72	167		84
6	Anbiyaa Gusti Maha	3'	99	100	89		90
7	Aulia Luthfi H.	2'27"	100	104	132		84
8	Dewi Sinta Q.A.	3'	109	72	92		76
9	Ditta Azzahra R.D.	3'	110	108	131		98
10	Dyah Noviana R.	3'	119	84	120		130
11	Esa Rayhan T.A.S	3'	110	80	160		60
12	Fanisa Dwi N.	3'	120	88	124		100
13	Ibnu Irawan	3'	181	88	101		111
14	Intan Dias N.	3'	128	96	103		104
15	Iqlima Shafa E.Y.	3'	110	120	100		164
16	Irfaniar Rosyada	3'	196	80	145		125
17	Kinanti Juli Astuti	3'	127	84	75		80
18	Kusuma Titisari	3'	140	96	85		132
19	Listyawati Dewi R.	3'	111	92	100		64
20	lycho daves P.	3'	77	104	120		109
21	M. Rahadyan W.	3'	116	88	100		70
22	M. Raihan	3'	130	88	120		105
23	Nafila Juanitasari	3'	110	76	103		120
24	Oktaviana P.	3'	120	96	124		124
25	Rahmad Santoso	3'	150	96	148		105
26	Rani Dwi A.	3'	137	112	110		109
27	Restiana Amaliawati	3'	127	72	80		73
28	Rohmat Romadhoni	3'	180	84	115		95
29	Salma Salsabila	3'	140	84	149		98
30	Shanandra Allysa S.	3'	128	84	140		95
31	Tasya Nurvitasari	3'	105	120	110		154
32	Zulfa Nida O.	3'	136	96	119		110

Sleman, Juli 2016

NUGRAHADI W

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