

**PENGARUH PENGGUNAAN MEDIA VIDEO PEMBELAJARAN  
TERHADAP PENCAPAIAN KOMPETENSI PEMBUATAN  
ROK SUAI DI BALAI LATIHAN KERJA (BLK)  
KABUPATEN BANTUL**

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**ABSTRAK**

Penelitian ini bertujuan untuk mengetahui: (1) pencapaian kompetensi peserta kursus di Balai Latihan Kerja (BLK) Kabupaten Bantul dalam pembuatan rok suai sebelum menggunakan media video pembelajaran; (2) pencapaian kompetensi peserta kursus di Balai Latihan Kerja (BLK) Kabupaten Bantul dalam pembuatan rok suai sesudah menggunakan media video pembelajaran; dan (3) pengaruh penggunaan media video pembelajaran terhadap pencapaian kompetensi pembuatan rok suai di Balai Latihan Kerja (BLK) Kabupaten Bantul.

Penelitian ini merupakan penelitian eskperimen dengan *one group pre-test-post-test design*. Penelitian ini merupakan penelitian populasi sehingga seluruh peserta kursus di Balai Latihan Kerja (BLK) Kabupaten Bantul berjumlah 16 orang digunakan sebagai sampel. Teknik pengumpulan data menggunakan tes penilaian aspek kognitif, afektif, dan psikomotorik. Teknik analisis data menggunakan uji *Paired T Test*.

Hasil penelitian menunjukkan bahwa (1) pencapaian kompetensi peserta kursus di Balai Latihan Kerja (BLK) Kabupaten Bantul dalam pembuatan rok suai sebelum menggunakan media video ditinjau dari aspek kognitif, afektif, dan psikomotorik mayoritas dinyatakan belum kompeten masing-masing sebanyak 14 orang (87,5%); (2) pencapaian kompetensi peserta kursus di Balai Latihan Kerja (BLK) Kabupaten Bantul dalam pembuatan rok suai sesudah menggunakan media video ditinjau dari aspek psikomotorik seluruhnya sebanyak 16 orang (100,00%) dinyatakan kompeten dalam pembuatan rok suai; dan (3) ada pengaruh penggunaan media video pembelajaran terhadap pencapaian kompetensi pembuatan rok suai di Balai Latihan Kerja (BLK) Kabupaten Bantul. Hal ini ditunjukkan dari nilai  $t_{hitung}$  lebih besar dari pada  $t_{tabel}$  ( $10,971 > 2,131$ ), apabila dibandingkan dengan nilai signifikansi sebesar 0,000 lebih kecil dari 0,05 ( $0,000 < 0,05$ ).

**Kata kunci:** media video, pencapaian kompetensi, dan rok suai

**THE EFFECTS OF THE USE OF LEARNING VIDEO MEDIA ON THE  
OF THE COMPETENCY IN STRAIGHT SKIRT MAKING AT THE  
VOCATIONAL TRAINING CENTER (VTC)  
OF BANTUL REGENCY**

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**ABSTRACT**

This study aims to investigate: (1) the attainment of the competency in straight skirt making before using learning video media among course participants at the Vocational Training Center (VTC) of Bantul Regency, (2) their attainment of the competency in straight skirt making after using learning video media, and (3) the effect of the use of learning video media on their attainment of the competency in straight skirt making.

This was an experimental study with the one group pretest-posttest design. This was a population study so that all 16 course participants in VTC of Bantul Regency were included in the sample. The data were collected using a test to assess cognitive, affective, and psychomotor aspects. The data analysis technique was the paired t-test.

The results of the study were as follows. (1) Related to the attainment of the competency in straight skirt making before using learning video media among course participants at VTC of Bantul Regency, in terms of cognitive, affective and psychomotor aspects, the majority, namely 14 participants (87.5%), were not competent yet. (2) Related to the attainment of their competency in straight skirt making after using learning video media, in terms of the psychomotor aspect, all the 16 participants (100.00%) were competent. (3) There was an effect of the use of learning video media on their attainment of the competency in straight skirt making. This was indicated by  $t_{\text{observed}} > t_{\text{table}}$  ( $10.971 > 2.131$ ) with a significance value of  $0.000 < 0.05$ .

Keywords: *video media, attainment of competency, and straight skirt*