

# FAKTOR-FAKTOR PENYEBAB KESULITAN BELAJAR PADA MATA PELAJARAN BOGA DASAR DI SMK N 1 KALASAN

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## ABSTRAK

Penelitian ini bertujuan untuk mengetahui: (1) faktor penyebab kesulitan belajar siswa pada mata pelajaran Boga Dasar di SMK N 1 Kalasan ditinjau dari faktor internal, (2) penyebab kesulitan belajar siswa ditinjau dari faktor eksternal, (3) faktor internal yang paling dominan menjadi penyebab kesulitan belajar siswa, (4) faktor eksternal yang paling dominan menjadi penyebab kesulitan belajar siswa pada mata pelajaran Boga Dasar.

Penelitian ini merupakan penelitian deskriptif kuantitatif. Populasi yang digunakan adalah seluruh siswa kelas X jurusan Tata Boga yang berjumlah 67 siswa. Teknik pengumpulan data menggunakan angket (kuesioner). Pengujian instrumen menggunakan reliabilitas konsisten internal teknik *alpha croncbach*, dengan menggunakan bantuan program statistik *SPSS16.0 release for Windows*. Teknik analisis yang digunakan adalah analisis deskriptif.

Hasil penelitian menunjukkan bahwa: (1) faktor penyebab kesulitan belajar pada mata pelajaran Boga Dasar di SMK N 1 Kalasan ditinjau dari faktor internal sebagai berikut: faktor kesehatan sebanyak 29 siswa (43.3%) menyatakan cukup berpengaruh, faktor cacat tubuh sebanyak 33 siswa (49.25%) menyatakan berpengaruh rendah, faktor *inteligensi* sebanyak 42 siswa (62.7%) menyatakan berpengaruh tinggi, faktor bakat sebanyak 39 siswa (58.2%) menyatakan cukup berpengaruh, faktor minat sebanyak 50 siswa (74.6%) menyatakan berpengaruh tinggi, faktor motivasi sebanyak 31 siswa (46.2%) menyatakan cukup berpengaruh, (2) Faktor penyebab kesulitan belajar siswa ditinjau dari faktor eksternal sebagai berikut: faktor keluarga sebanyak 33 siswa (49.2%) menyatakan cukup berpengaruh, faktor sekolah sebanyak 37 siswa (55.2%) menyatakan berpengaruh tinggi, faktor masyarakat dan mass media 32 siswa (47.76%) menyatakan berpengaruh tinggi, (3) faktor internal yang paling dominan penyebab kesulitan belajar siswa pada mata pelajaran Boga dasar adalah minat disebabkan karena kurangnya kemauan siswa untuk mencatat materi Boga Dasar dengan menarik dan rapi, selain itu minat siswa untuk belajar sebelum pelajaran Boga Dasar dimulai juga masih kurang, (4) faktor eksternal yang paling dominan adalah faktor sekolah disebabkan karena kurangnya fasilitas sekolah berupa buku, literatur, resep mata pelajaran Boga Dasar di perpustakaan sekolah.

Kata kunci: faktor eksternal, faktor internal, kesulitan belajar, mata pelajaran Boga Dasar

**FACTORS WHICH CAUSE LEARNING DIFFICULTIES  
ON THE SUBJECTS OF BASIC GASTRONOMY  
AT SMK N (STATE VOCATIONAL HIGH SCHOOL) 1 KALASAN**

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**ABSTRACT**

This research aims to determine: (1) the factors causing students' learning difficulties in Basic Gastronomy subjects at SMK N 1 Kalasan in terms of internal factors, (2) the causes of students' learning difficulties in terms of external factors, (3) the most dominant internal factors being causes of students' learning difficulties, (4) the most dominant external factors that cause students' learning difficulties in Basic Gastronomy subjects.

This research is a quantitative descriptive. The population used was all the students of Class X, majoring in Catering, which amounted to 67 students. The data collection technique used questionnaires. The instruments test used the consistent internal reliability of the Cronbach Alpha technique, using the statistical program for Microsoft Windows, the SPSS v16.0. The analysis technique was the descriptive analysis.

The results showed that: (1) the factors causing learning difficulties in Basic Gastronomy subjects at SMK N 1 Kalasan, reviewed from internal factors as follows: the health factor, as many as 29 students (43.3%), stated quite influential; the disability factor, as many as 33 students (49.25 %), stated low influential; the intelligence factor, as many as 42 students (62.7%), stated high influential; the talent factor, as many as 39 students (58.2%), stated quite influential; the factor of interest, as many as 50 students (74.6%), stated high influential; the motivation factor, as many as 31 students (46.2%), stated quite influential. (2) Factors causing students' learning difficulties, viewed from external factors as follows: the family factor, as many as 33 students (49.2%), stated quite influential; the school factor, as many as 37 students (55.2%), stated high influential; the factor of community and mass media, 32 students (47.76%), stated high influential. (3) The most dominant internal factor causing students' learning difficulties in Basic Gastronomy subjects was the interest, due to the lack of willingness of students to record the Basic Gastronomy material in an attractive and neat way; besides, the students' interest in learning before the Basic Gastronomy lesson began was still lacking. 4) The most dominant external factor was the school factor, due to the lack of school facilities in the form of books, literature, recipes for Basic Gastronomy subjects, in the school library.

Keywords: external factor, internal factor, learning difficulties, Basic Catering subject