

**PENERAPAN PERILAKU K3 PADA PEMBELAJARAN PRAKTEK
TEKNOLOGI MENJAHIT KELAS X SMKN 2 GODEAN
YOGYAKARTA**

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ABSTRAK

Penelitian ini bertujuan untuk mengidentifikasi penerapan perilaku K3 pada peserta didik kelas X Jurusan Tata Busana SMKN 2 Godean saat pembelajaran praktek Teknologi Menjahit, dilihat dari aspek: (1) penggunaan mesin untuk praktek, (2) alat pelindung diri, (3) *personal hygiene*, (4) penampilan diri.

Penelitian ini merupakan jenis penelitian deskriptif dengan pendekatan survey. Sampel yang digunakan dalam penelitian ini sebanyak 78 peserta didik kelas X program keahlian tata busana SMKN 2 Godean Yogyakarta. Teknik analisis data menggunakan analisis deskriptif. Validitas instrument menggunakan *judgement expert* dengan hasil “valid” dan dilakukan uji coba instrument yang menghasilkan “30 item instrument valid”. Reliabilitas menggunakan rumus *alpha cronbach* dengan hasil kategori “kuat” sehingga instrument dinyatakan reliabel.

Hasil penelitian menunjukkan bahwa penerapan perilaku K3 pada pembelajaran praktek Teknologi Menjahit kelas X Busana SMKN 2 Godean dalam kategori baik. Hal ini dibuktikan dari sisi: (1) penggunaan mesin sudah diterapkan dengan baik dan aman oleh peserta didik mencapai (44.9%) dalam kategori “tinggi”, (2) penggunaan alat pelindung diri sudah diterapkan dengan baik dan aman oleh peserta didik mencapai (55.1%) dalam kategori “tinggi”, (3) *personal hygiene* sudah diterapkan dengan baik dan aman oleh peserta didik mencapai (60.%) dalam kategori “tinggi”, (4) penampilan diri sudah diterapkan dengan baik oleh peserta didik mencapai (37.1%) dalam kategori “rendah”.

Kata kunci: Penerapan Perilaku K3, Praktek Teknologi Menjahit, SMK

**THE APPLICATION OF THE OHS BEHAVIOR IN THE SEWING
TECHNOLOGY PRACTICE LEARNING IN GRADE X OF SMKN 2
GODEAN YOGYAKARTA**

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ABSTRACT

This study aims to identify the application of the Occupational Health and Safety (OHS) among the students of Grade X of Fashion Design Department of SMKN 2 Godean during the Sewing Technology practice learning in terms of the aspects of: (1) the use of machines for practice, (2) personal protective equipment, (3) personal hygiene, and (4) self-appearance.

This was a descriptive study using the survey approach. The research sample consisted of 78 students of Grade X of Fashion Design Expertise Program of SMKN 2 Godean, Yogyakarta. The data analysis technique was the descriptive analysis technique. The instrument validity was assessed through expert judgment and results showed that it was valid. Then the instrument was tried out and the results showed that 30 instrument items were valid. The reliability was assessed using Cronbach's alpha formula and the result showed a high coefficient so that the instrument was reliable.

The results of the study show that the application of the OHS behavior in the Sewing Technology practice learning in Grade X of Fashion Design of SMKN 2 Godean is good. This is indicated by the following facts. (1) Machines have been used properly and safely by the students with 44.9%, which is in the high category. (2) Personal protective equipment has been used properly and safely by the students with 55.1%, which is in the high category. (3) Personal hygiene has been implemented properly and safely by the students with 60%, which is in the high category. (4) Self-performance has been applied well by students with 37.1%, which is in the low category.

Keywords: Application of OHS Behavior, Sewing Technology Practice, SMK