|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **No** | **Nama Siswa**  **XII IPS 3** | **30 Ags 2013** | **Posisi tangan dan kaki saat aba aba “Bersedia” untuk melakukan start 60 m** | | | | **Posisi badan saat aba aba “Siap” untuk melakukan start 60 m** | | | | **Koordinasi gerakan tangan dan kaki saat berlari** | | | | **Waktu yang di tempuh lari 60 m** | **Waktu yang di tempuh lari 60 m** | |
| **1** | **2** | **3** | **4** | **1** | **2** | **3** | **4** | **1** | **2** | **3** | **4** |
| 1. | Achmady sophian |  |  |  | V |  |  |  | V |  |  |  | V |  | 9,22 | 8,99 | |
| 2. | Afiati gustaman |  |  |  |  | V |  |  | V |  |  |  | V |  | 13,98 | 11,70 | |
| 3. | Anita dwi saputri |  |  |  | V |  |  |  | V |  |  |  | V |  | 12,60 | 12,09 | |
| 4. | Ardhana reswari hasna |  |  |  | V |  |  |  | V |  |  |  | V |  | 14,99 | 13,50 | |
| 5. | Brilia afnizar litasari. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |
| 6. | Conny herdiyani lismayanti. |  |  |  | V |  |  |  |  | V |  |  | V |  | 14,32 | 13,29 | |
| 7. | Danar kuncoro adi |  |  |  | V |  |  |  |  | V |  |  |  | V | 9,69 | 9,90 | |
| 8. | Dean affandaru |  |  |  | V |  |  |  |  | V |  |  |  | V | 7,94 | 7,72 | |
| 9. | Debby ayuning dyah |  |  |  | V |  |  |  |  | V |  |  | V |  | 12,22 | 12,21 | |
| 10. | Dita palupi |  |  |  |  | V |  |  |  | V |  |  |  | V | 9,98 | 9,64 | |
| 11. | Erwina dwi saputri |  |  |  |  | V |  |  |  | V |  |  | V |  | 13,99 | 12,47 | |
| 12. | Fira romadhona |  |  |  | V |  |  |  |  | V |  |  | V |  | 11,88 | 11,14 | |
| 13. | Hana hayuningrum |  |  |  | V |  |  |  |  | V |  |  | V |  | 11,59 | 11,14 | |
| 14. | Ismi karomah |  |  |  | V |  |  |  | V |  |  |  | V |  | 12,31 | 15,42 | |
| 15. | Isnaini nur khasanah |  |  |  | V |  |  |  | V |  |  |  | V |  | 15,68 | 11,67 | |
| 16. | Maghfira |  |  |  |  | V |  |  | V |  |  |  | V |  | 13,48 | 14,37 | |
| 17. | Martiana riawati utami |  |  |  |  | V |  |  | V |  |  |  | V |  | 12,15 | 11,72 | |
| 18. | Miftah herlyana |  |  |  | V |  |  |  | V |  |  |  |  | V | 13,47 | 12,31 |
| 19. | Muhammad aziz fajri |  |  |  |  | V |  |  | V |  |  |  |  | V | 8,61 | 8,39 |
| 20. | Muhamad edi wibowo |  |  |  | V |  |  |  |  | V |  |  |  | V | 8,56 | 8,31 |
| 21. | Novandy nurdin |  |  |  |  | V |  |  |  | V |  |  | V |  | 8,56 | 8,31 |
| 22. | Novi aristiani |  |  |  |  | V |  |  |  | V |  |  |  | V | 13,62 | 12,34 |
| 23. | Pebri fitri antaka |  |  |  |  | V |  |  |  | V |  |  |  | V | 8,99 | 8,36 |
| 24. | Rahmawati deylla handida |  |  |  |  | V |  |  |  | V |  |  |  | V | 13,17 | 12,43 |
| 25. | Rayhan ar rasyid |  |  | V |  |  |  |  | V |  |  |  | V |  | 9,50 | 9,53 |
| 26. | Fefly kholiq nur hartono |  |  |  |  | V |  |  |  | V |  |  |  | V | 9,93 | 9,76 |
| 27. | Retno arum sari |  |  |  |  | V |  |  |  | V |  |  | V |  | 13,28 | 12,23 |
| 28. | Rahandi priasmoro |  |  |  |  | V |  |  |  | V |  |  |  | V | 8,23 | 8,12 |
| 29. | Risky bagas jati |  |  |  | V |  |  |  |  | V |  |  |  | V | 9,37 | 9,30 |
| 30. | Salma fauzyyah |  |  |  | V |  |  |  | V |  |  |  | V |  | 14,24 | 12,03 |
| 31 | Umar abdillah |  |  |  | V |  |  |  | V |  |  |  | V |  | 8,68 | 8,71 |
| 32 | Yulita ayuningtyas |  |  |  | V |  |  |  |  | V |  |  | V |  | 11,80 | 11,56 |