

INCREASING TRAINEES' MOTIVATION THROUGH PMD ACTIVITIES (PHYSICAL, MENTAL AND DISCIPLINE) IN VOCATIONAL TRAINING INSTITUTION

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Abstract

Attitude becomes the dominant factor that indicates the success of a training program. Professional working attitude is required by every workforce candidate in order to meet the minimum standard of work behavior required by industry. PMD activities (Physical, Mental and Discipline) become one of the pillars of the establishment of professional work attitude. World industry requires prospective workers discipline, punctuality, work endurance, ability to communicate and team work according to the occupied areas of expertise.

Through cooperation and sharing of knowledge and skills, a team is often able to complete a task effectively, rather than carried by an individual. Building a team is a process of selecting, developing, provide convenience, and training a working group in order to successfully achieve a common goal. It covers how to motivate members to take pride in performing the task group. Team building should be able to meet the demands of the task like quality results, on time activity and to meet to the needs of the fair group members and avoid conflict.

The PMD process activity requires additional team building material variation to the trainees knowledge and stimulated either with team building games or brain activity. It result in the increase the trainees' of motivation of the trainees to follow training programs continuously and enthusiastically.

Keywords: vocational training, curriculum, attitude, physical mental and discipline activity
